Navigating the Abstract Realm of Emotion

"Words would diminish what I strive to express through this medium.

Each piece conveys its own narrative yet harmoniously connects to form a singular reflection of who I am, a manifestation of my emotions.

In the world of painting, I find a sanctuary for emotions that belong nowhere else. The ellipses between the letters symbolize my ongoing quest, a guiding force propelling me further in my journey as an individual.

I continue my pursuit to understand who I am, my purpose, and the significance of the encounters that cross my path. I remain uncertain about where my path will lead.

Each new work presents a challenge, an inner battle with the canvas.

The blank canvas evokes restlessness in me.

Before I commence, I clear my palette of the previous work, select brushes and colours. Everything is prepared, yet I still search for direction.

I retreat, sip a cup of coffee, delve into a book, and observe my surroundings. Sometimes I return to the studio the same day, sometimes the following day. The perpetual struggle and doubt persist.

Then, suddenly, I begin to draw the first lines, seeking form. As the work progresses, it can become increasingly unsettling. At times, I am dissatisfied with what I see, and I start over from scratch, using the initial layer as a foundation for the rest of the piece. Abstract painting is not as straightforward as it may seem.

It entails investing your soul into the work, embarking on a personal journey through colour, form, and, most importantly, emotion. Sometimes I find contentment, but more often, I grapple with the initial intention I embraced, cursing it when the feeling, colour, or form no longer resonates.

It's about letting go—the most challenging aspect of all. It emotionally drains me, and I must pause before I become too consumed and lose myself entirely. The artwork continually challenges me to create something I accept and embrace once more. I begin, fall, crumble, rise, fall, crumble, rise...a never-ending circle with no discernible start or end. Each ending marks a new beginning." I invite you to journey through the profound, ever-evolving exploration of abstract art, where emotions find their unique voice on the canvas."

- Mieke Vermeire